# Clearwisdom Digest

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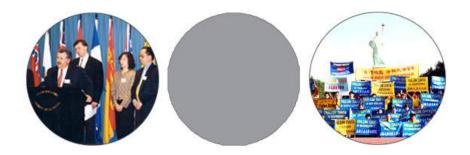


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### **News and Events from Around the World**



#### 2005 Washington DC Falun Dafa Cultivation Experience Sharing Conference A Success

On July 23, 2005, the Washington DC Falun Dafa Cultivation Experience Sharing Conference was solemnly held. Nearly four thousand Falun Gong practitioners from around the world attended this grand occasion. As there were a large number of practitioners, the conference was held simultaneously at the Renaissance and Hyatt Hotels in downtown Washington. The Third Young Practitioners' Conference was also held at another hall in the Renaissance Hotel.





The conference provided simultaneous translation in five languages, including Chinese, English, Korean, Russian and Spanish. About 20 Chinese and Western Falun Gong practitioners shared their experiences. The practitioners' speeches were humble and touching.

Two practitioners who have clarified the truth at length to Chinese people in Mainland China have done so by making phone calls, sending faxes and chatting on the Internet. There were many stories of people who learned the truth about Falun Gong through their efforts, especially after the *Nine Commentaries* was published, and many people have withdrawn from the Chinese Communist Party after learning about the truth from them.

Several practitioners shared that while promoting the *Nine Commentaries*, they have seen factors of the Party Culture in themselves, and how they cleared away the pollution and interference, and the concept of "getting involved in politics" while reading the *Nine Commentaries*. Only bearing one thought that of saving people in mind, they clarified the facts, promoted the *Nine Commentaries* and saved them.

Western practitioner Richie has only practiced for ten months, but he has experienced many supernormal things in his cultivation. He has also actively participated in clarifying the truth. In order to better clarify the facts about the persecution of Falun

Gong, he designed a T-shirt, and constantly improved the design according to the effect it had while doing truth clarification. While wearing his special T-shirt to clarify the truth, he constantly overcame his mentality of fear and all kinds of human notions. The audience was amazed at a new Western practitioner's enlightenment and courage, and responded warmly to his great sense of humor.

Three years ago, Hong Kong and Swiss Falun Gong practitioners peacefully appealed in front of the Chinese Liaison Office in Hong Kong, but Hong Kong police brought seven charges, including "assaulting the police" and "obstructing the street" against them. Practitioners related to the case shared their cultivation experience as a whole body. During the entire case, Hong Kong Dafa disciples constantly rectified and compensated for omissions as one body. They thoroughly negated the old forces' arrangements. Through clarifying the truth to the judge, police officers and people from all walks of life in Hong Kong, they won the case.

During the sharing, many practitioners also talked about the importance of self-cultivation in conducting work on validation of Falun Dafa.

Before the conclusion of the conference, the host shared with everyone Master Li's words in "Master's Message to the European Fa Conference Held in Vienna," "Master is watching you all, and always looks forward to good news from you."

# Belgium: Falun Gong Practitioners File a Lawsuit Against CCP Officials for Telephone Harassment

On Tuesday July 19th 2005, the eve of the 6th anniversary since Falun Gong was banned in China on July 20th 1999, Mr. Georges-Henri Beauthier, a prestigious human rights lawyer, filed a lawsuit on behalf of two Falun Gong practitioners in Brussels. The lawsuit was for the crime of harassment and was filed against China's 610 Office and the responsible Chinese officials including: 610 Office head and member of the Committee of Political and Legislative Affairs Luo Gan, Minister of Public Security Zhou Yongkang, Deputy Minister of Public Security Liu Jing and Minister of State Security Xu Yongyue. The lawsuit has been accepted by the Belgian court.

Similar to Gestapo tactics used to persecute the Jews, the "610 Office" was established by the Chinese Communist Party (CCP) to persecute Falun Gong practitioners. The CCP's Committee of Political and Legislative Affairs, Ministry of Public Security and Ministry of State Security all participated in the persecution directly. Disregarding the law and adopting all of the means of persecution and suppression that the CCP has developed over fifty years of tyranny, the "610 Office" has carried out a brutal persecution against Falun Gong practitioners for the past six years. Hundreds of thousands of Falun Gong practitioners have been illegally tortured or cruelly murdered in China. The resultant tragedies are so numerous that they can't be fully documented. The persecution was later extended to other countries, where a great number of Chinese spies were posted to monitor and harass Falun Gong practitioners.

In early February, Falun Gong practitioners in over twenty countries around the world received harassing phone calls from unidentified sources. In Chinese or English, the voice recording carried the CCP's slanderous propaganda against Falun Gong. The two Belgian practitioners who filed the lawsuit also received these phone calls. In a press conference held at the Belgian court, the plaintiffs gave detailed accounts of the phone harassment.

Between February 2nd and February 11th 2005, one of the plaintiffs received several dozen recorded messages on his mobile phone from unidentified sources. At its peak, eight calls were received in a single day. The content of the harassing calls was a voice recording that defamed Falun Gong. The phone calls also intimidated the recipient to stop practicing. The plaintiff said, "I know the Chinese Communist regime has been monitoring me for a long time. They never approved my visa application for visiting China."

Another plaintiff also received similar recorded phone calls from China. The number of phone calls reached several dozen each day. The plaintiff pointed out that the Chinese Communist regime attempted to harass and terrify her through these phone calls. The

reason for the harassment is that the recent publication of a special editorial series called "Nine Commentaries on the Communist Party" by *The Epoch Times* newspaper has resulted in over 3 million people withdrawing from the CCP and has left the Chinese Communist regime in a panic. As a result, the CCP carried out their harassment.

Mr. Georges-Henri Beauthier filed a lawsuit against Jiang Zemin, Li Lanqing and Luo Gan for crimes of "torture, crimes against humanity and genocide" on behalf of Falun Gong practitioners in Belgium two years ago. He said in the press conference, "Judging from the contents of the voice recording and the measures they resorted to, it is clear that the Chinese Communist authorities have been manipulating things behind the scenes. The Chinese Communist regime has dispatched a great number of spies to foreign countries for espionage activities, including monitoring Falun Gong practitioners and political dissidents. Recently, a lot of them were found in Australia, Canada and Europe."

Mr. Beauthier emphasized, "This kind of harassment violates Belgian law and international practices. It imposes a great challenge against our belief and freedom. This threatening conduct should be stopped, at least in Belgium." When asked by reporters about the prospect of the lawsuit, Mr. Beauthier commented, "It all depends on the Chinese Government and the reactions of the European governments. We look forward to seeing trials in Europe against the continuous human rights infringements in China." So far, there have been over fifty lawsuits filed in thirty-two countries around the world against the principal culprits of the persecution against Falun Gong.

At the end of the press conference, Mr. Beauthier said, "We have filed a complaint against the responsible people who persecuted Falun Gong over here before. The defendants didn't dare to come to Belgium. Not long ago, a defendant was prosecuted in France immediately after his arrival. As a result, the defendant fled France hurriedly. We will continue to push forward these lawsuits in Belgium and other countries."

News media, including the *Belga News Agency*, *NTDTV* and *The Epoch Times* all dispatched correspondents to provide coverage of this event.

### Successful Rescue: A Korean Citizen's Wife Released from a Chinese Labor Camp and Arrives in Korea

Korean citizen Mr. Guo Binghao's wife, Falun Gong practitioner Gao Chengnu, arrived home to Korea on July 20, 2005. She was warmly received by Falun Gong practitioners and others.



Falun Gong practitioner Gao Chengnu who was successfully rescued arrives in Korea

Korean citizen Guo Binghao and Gao Chengnu got married on May 18, 2003 in China. As Ms. Gao was preparing to emigrate to Korea, the Chinese Police Department refused to issue her a passport because she would not renounce the practice of Falun Gong. On May 7, 2004, she was abducted and detained in the Jiamusi Forced Labor Camp.

In August 2004, Korean Falun Gong practitioners established a "Ms. Gao Chengnu Rescue Committee" and appealed to all the citizens of Korea to join together in rescuing Ms. Gao. During that time, 236,740 kind-hearted Korean citizens signed a petition supporting this effort. Twenty-four congressional representatives drafted a letter to the Chinese government demanding the unconditional release of Ms. Gao and delivered it to Mr. Hu Jintao, the President of China. The Cheonan City Senate, the Chungcheongnam-do Legislative Assembly, and many other organizations, including 71 local parliaments and government groups passed resolutions calling for the Chinese government to unconditionally release Ms. Gao. On the afternoon of May 13, 2005, Ms. Gao Chengnu was released from the Jiamusi Forced Labor Camp. She arrived in Korea at 1:10 p.m. on July 20.

While being interviewed by several media outlets, Ms. Gao made a speech and said, "I'm grateful to Korean Senators, local parliaments and Korean people for rescuing me, so that I can step on this free democratic land today to breathe fresh air and be reunited with my husband. But tens of thousands of Falun Gong practitioners who cultivate "Truthfulness-Compassion-Forbearance" in China are still illegally imprisoned and suffering tribulations."

Finally, she called for all kind-hearted people to show concern over the brutal persecution Falun Gong practitioners have been suffering, and put an end to the unprecedented catastrophe happening in China as soon as possible.

### The United Nations Is Concerned about China's Persecution of Yang Fenglian and Her Daughter Du Likun

The United Nations expressed urgent concern to the Chinese government in November 2003 about China's persecution of Ms. Yang Fenglian and her daughter Ms. Du Likun and urged the Chinese government to comply with international laws. The statement was presented at the 60th session of the United Nations Commission on Human Rights.

#### China's Persecution of Ms. Yang Fenglian and Her Daughter Du Likun

Ms. Yang Fenglian is a 50-year-old schoolteacher at Kuangshan Architecture Technology Academy in Handan City, Hebei Province. Her daughter Du Likun turns 21 years old this year. Shortly before China's 16th National People's Congress in 2002, by order of the Chairman of Hanshan Precinct Police's Political and Security Division Mr. Dang Dianjun, policeman Xing Jianjun, a police sergeant, and the police from Kaiyuan Police Station went to Ms. Yang's residence. They smashed her windows, broke into her home and seized her daughter and her from their home and took them to the police station. Once at the police station, several policemen started beating Ms. Yang and shocking her with high-voltage stun batons until her head was terribly swollen and her body was covered with cuts and injuries. Later the police transferred them to Handan City No. 2 Detention Center. Ms. Du Likun was only 18 years old. It was not until three months later when their family paid the police ransom of over 10,000 yuan on the pretext of bail that she was finally released. However, her mother Yang Fenglian was incarcerated there until August 2003. The police also extorted 5,000 yuan from her in the name of a fine. A month later, September 27, 2003 the police abducted Ms. Yang Fenglian again. This time the police sent her to a local forced brainwashing center where she was imprisoned and subjected to mental and physical torture. As of March 2004, Ms. Yang was still incarcerated in the brainwashing center.

#### The United Nations' Report on China's Persecution of Ms. Yang and Her Daughter:

On November 14, 2003, the United Nation's special rapporteur on freedom of speech and the special rapporteur on torture and protection of body and mental health, and a special rapporteur on violence against women expressed the United Nation's urgent concern to the Chinese government and inquired after Ms. Yang Fenglian and her daughter. On October 1, 2000, Ms. Yang and her daughter went to Beijing together to appeal for Falun Gong. After they returned from the trip, they were both illegally detained in Handan City No. 2 Detention Center. At the end of 2000, the police unjustly sentenced Ms. Yang to one year in Shijiazhuang Forced Labor Camp against the law and without a legal trial. There she was subjected to repeated beatings, electric shock using stun batons, hand and foot shackles, the hanging torture and sleep deprivation. Her daughter was once forced to wear hand and foot shackles that weighed about 50 lbs. In addition, her daughter was subjected to the cruel torture of electric shock four

times. In fact, her daughter was stripped naked in two of the electric shock tortures. The electric shock tortures marked many injuries on her body and mind. She was not released until nine months later and until her family paid the police ransom of 3,000 yuan in the name of bail. However, she had already been expelled from her school. Afterwards, her school had several men taking turns watching her outside of her home. As for Ms. Yang Fenglian, she was not released until one year later. They also suspended her husband from work and forced him to divorce her.

# United Kingdom: Promoting Falun Gong and Exposing the CCP Persecution during the G8 Summit

During the G8 summit, tourists from all over the world gathered in Edinburgh. On July the 7th and 8th, UK Falun Gong practitioners held activities in Princess Street to promote Falun Gong and collect signatures calling for the rescue of the illegally imprisoned family members of UK practitioners. Tens of thousands people learned about the truth of Falun Gong during this 2-day event.





Signing names to support Falun Gong



A Spanish reporter films the exercises



The peaceful sitting meditation

It was the day after the London bombings, and there were police officers everywhere in the streets of Edinburgh. In the bustling city, practitioners' peaceful meditation site was so exceptional. Practitioners decided to hold this activity in a short time and thus didn't have time to apply for permission. When the event started, there was a policeman standing at the site for a long time, a practitioner then approached him to explain. The practitioner asked, "Can they practice here?" The policeman was surprised and stared at the practitioner. Probably he thought she was a resident coming to complain. He then questioned her seriously, "They are so peaceful, why not?" The officer then took out a Falun Gong flier and said: "I also want to learn the practice."

Whilst promoting Falun Gong, practitioners could feel people's desire to learn the facts and to support Falun Gong. On the first day, practitioners handed out nearly ten thousand leaflets and collected a lot signatures.

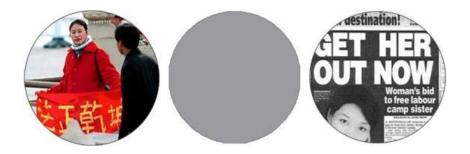
People who signed their names to support Falun Gong came from all over the world. After watching the exercise demonstration and reading the leaflet about the persecution, a Polish tourist sighed with emotion and said, "Such a good thing is suffering from such brutal a persecution in China. It's simply inconceivable and the Chinese Communist Party (CCP) is just too bad". He also expressed the intention of learning Falun Gong.

The beauty of the practitioners peacefully sitting in meditation deeply moved the passers-by. A reporter from a Spanish TV station made a special stop to shoot footage of the exercises. Practitioners were unceasingly distributing leaflets, doing the exercises, telling the facts and trying their best not to miss a single person. Practitioners did not take a break during the ten hours of activities.

A local newspaper reported the event very positively. When practitioners started to contact media, those who were involved had different understanding. As the practitioners didn't make a clear and concise story when they contacted the first newspaper, it refused to publish. After a short sharing, practitioners adjusted their attitude and contacted another newspaper. One practitioner told a reporter from the newspaper, "Do you know how many people your report saves?" The reporter was touched. Though all the media were focusing on the London terror attack, that newspaper still published a report about the persecution in China in a timely fashion.

Before the G8 summit, the Annual Conference of International Society For The Reform Of Criminal Law was held at the Hilton Hotel. Practitioners were not allowed into the hotel to distribute truth-clarifying materials. One afternoon, all the conferees came out of the hotel. The fire alarm inside somehow rang, and everyone had to come out waiting for clearance of the alarm. Taking this opportunity, practitioners presented materials to everyone.

### **Facts of the Persecution**



### Savage Persecution of Falun Gong Practitioners in Daxin Women's Prison, Beijing

Since July 20, 1999, when the persecution began, many Falun Gong practitioners have been detained at the Daxin Women's Prison in Beijing, formerly called Tiantanghe Prison. Included among the detainees are Doctor Li Aijun of Xiyan Hospital, Zhou Zi, a model teacher in the Fangshan District, government employees He Xinping, Xu Jing, Liu Xi, Chen Shulan, and others. They have been detained for over three years. Falun Gong practitioners are forced to work long hours - over 16 hours a day. If they don't finish their work on time, they have to continue to work and are forbidden to sleep or rest. A female practitioner who was disabled from beatings had to continue to work with an injured leg.

Because annual quotas and profits are linked together, policemen force Falun Gong practitioners to work at the expense of practitioners' lives and safety. Practitioners' 16-hour forced work-days are from 6:00 a.m. to 10:00 p.m.; sometimes they are required to work even longer if the assigned work is not finished. There are no breaks. Restroom visits are monitored and restricted to certain times. If practitioners are injured during work and inform others about their injury, they are punished by having scores deducted or family visits denied for so-called violation of work rules. For example, practitioner Liu Xi was severely injured in August 2004 and was found to have discussed it with another person. Both she and the person assigned to monitor her were punished with a deduction of 50 points (one receives only three points for working a whole day), and no family visits were allowed for three months.

Chen Shulan is the only surviving practitioner among her siblings. Her three siblings were practitioners. Her twin younger brothers Chen Aizhong and Chen Aili, along with her younger sister Chen Hongping, all died one after another as a result of persecution. She continues to suffer from inhuman persecution in the women's prison.

Let's take a look at the so-called "transformation". The prison police take turns to beat, verbally abuse and use electric batons on Falun Gong practitioners. If they don't obey, they are tied to a bed frame for a long time, standing day and night, while being deprived of sleep. Some prison police gag practitioners with towels and don't allow them to talk. Some practitioners were locked in small cells for solitary confinement. They suffer from cold and hunger. They are beaten and hung up. Showers are forbidden, as are family visits. They are not even allowed to write to their families and friends. They are otherwise abused and physically punished. Fangshan District model teacher Zhou Zi was illegally sentenced to seven years in prison. She did not cooperate with the authorities all along and was transferred from the No. 3 Prison Ward to the No. 10 Prison Ward, which is known for its violence. This ward is equipped with all kinds of torture tools and has a vicious staff. Practitioners there may encounter violent

treatment at any time. The treatment there is much worse than in the other wards. After Zhou Zi was transferred there, she was not allowed to have family visits or to communicate in any way with her family. She was also not allowed to accept money from her family to buy food or personal items. The prison food consists of a very small steamed corn bun. The personal monitors often take turns subjecting her to long-term sleep deprivation.

The practitioners in the women's prison are monitored more closely than the common detainees. Personal monitors are assigned to each practitioner and are in charge of watching them. Practitioners are forbidden to talk with anyone. If the practitioner is found to even make eye contact with anyone, she is berated or has points deducted. Practitioners are accompanied by at least three persons when using the restroom. Prison police even incite other detainees to beat Falun Gong practitioners. The practitioners are under 24-hour surveillance.

The prison commissary sells necessities that are very expensive. All prisoners must set up an account and their family members are required to deposit money in advance into this account. The prison officials determine what items should be purchased and deduct the money directly from this account. The prices in the store are set two or three times higher than the common market price. For example, a phone card worth 20 yuan outside is sold for 40 yuan in the prison. The prison officials pocket the difference.

According to prison rules, a detainee is allowed to call home up to three times per month. Most times, however, only one call is allowed to inform family members about permission for visits. Even visiting family members are often treated badly. They are ordered around or scolded, or they may not even be allowed to visit a practitioner.

### Exposing More Atrocities in the Liaoning Province Women's Prison

Inside the Liaoning Province Women's Prison, Falun Gong practitioners have been brainwashed, beaten, deprived of sleep, among other forms of abuse. Here I would like to expose the persecution in order to restrain the evil.

The prison has ten detention areas plus a hospital. Each area holds about 25 to 35 Falun Gong practitioners. The hospital also has some practitioners, which includes those who have gone on hunger strikes for a long time and are there to receive punitive force-feeding.

Police officers use detainees as a source of income. Detainees are forced to work 16 to 20 hours a day with no breaks. Even eating and using the toilet needs to be done quickly. Times of using the toilet are limited, and washing is prohibited. Due to the extremely heavy workload, detainees often faint at the work site. As long as a practitioner is breathing, they are forced to work these long hours.

Police officers also force detainees to buy expired food and other things. Sometimes at such forced shopping trips, police officers will steal 50 to 100 yuan from each person. Detainees are also forced to donate money. Such large-scale donations happen three times a year.

Police officers and group leaders do not take responsibility if they torture detainees to death. They tightly monitor every person's output. For printing jobs, one is required to finish 8,000 to 10,000 pieces a day. Some detained women get tuberculosis, but still have to work. Officers make a lot of money from the detainees. For each newly detained Falun Gong practitioner, they arrange two criminals to monitor, brainwash and torture them. Police officers promise to reduce the criminals' terms in exchange for their help in reforming practitioners. If a practitioner does not yield, the two monitoring criminals would torture that practitioner more cruelly.

The prison hospital has detained many practitioners. One practitioner from the 5th area went on a hunger strike for over a year. She was bound to a bed in the hospital and was very weak, but the police officers kept on cursing her and repeatedly replaced the force-feeding tubes to abuse her. However, that practitioner still clarified the truth with strong righteous thoughts or shouted, "Falun Dafa is good!"

One practitioner from Anshan City got a broken hip, and she went on a hunger strike with another practitioner to protest the persecution. Their courage and righteous thoughts earned respect even from some of the criminals. Still, they suffered long term torture, such as being beaten, having their heads bounced off walls, being locked up in the bathroom, having cold water poured on them, being pricked by needles, etc.

Criminal Liu Lixin monitored practitioners and reported their every move to police officers to curry favor. She brainwashed practitioners by reading materials that defame Falun Gong. She also recorded her readings on tape and played them repeatedly. She is very cruel and tortured practitioners in various ways. She would beat practitioners when she found they were not looking at the slanderous material. She pricked one practitioner's head with needles, causing bleeding from the practitioners' ears. She frequently pushed and pulled practitioners, knocking them to the ground. She was known as the "great evil person" around the hospital. Liu's torture caused some practitioners to suffer mental collapse. Police officers also injected drugs into practitioners' bodies, causing great harm or even death. They have done everything they could to cover up the truth and hide it from family members.

Practitioner Fang Huiyun has refused to cooperate with the persecution. Police officer Li Xi coerced criminals Su Li and others to torture her. They beat her in the shop, in the bathroom, in the halls, and would not allow her to sleep. Su would beat or curse Fang when she used the bathroom or washed her face. When she was knocked down to the ground, Su Li would step on her. Fang suffered heavy injuries from the beatings, and reported the issue to group leader Li Xi. Instead of stopping the beatings, Li Xi asked another criminal, Diao Chunyan, if she had seen the beating. Diao said, "No." So Su Li told Fang, "Don't you know Li Xi already knows all this. She lets me knock you down." Su Li's tortures caused one of Fang's thighbones to break and now she is disabled. Brigade leaders have even praised Su Li for her cruelty.

Police officers have coerced criminals to torture practitioners. They stripped practitioners, forced them to stand in the water room on winter nights, poured water on them, and attacked them in groups. Practitioner Liu Liwei was forced to remain standing from 6 a.m. to 9 or 10 p.m. Later, officers and criminals stripped Liu and left her to freeze in the courtyard on winter days. Criminal Tao Chunxue beat and kicked Liu Liwei, which left her body covered with injuries. Tao also did not allow her to sleep. Some criminals even said that Tao is too cruel.

Police officers coerced criminals Liu Lixin and Yu Xiuqin to brainwash practitioner Wang Sufang. They did not allow Wang to sleep and beat her in front of over a hundred criminals. When Wang went on a hunger strike for ten days, Liu and Yu continued to torture her.

Still, the torture and brainwashing could not change the practitioners' minds. Most of the practitioners clarified the truth to the criminals, and those who yielded under the pressure published "solemn declarations" to re-affirm their determination to practice Falun Gong.

In the 8th ward, there was a practitioner in her 50s. Criminals would beat her every morning and evening. Police officers twisted her arms behind her back while criminals

beat her. But she kept on shouting with righteous thoughts, "Falun Dafa is good." Criminals and officers taped her mouth shut, but she struggled to remove the tape and kept on shouting. Not long after, she was released.

## Mr. He Yuanhui from Liaoyuan City Died as a Result of Persecution in June 2005

Falun Gong practitioner Mr. He Yuanhui from Liaoyuan City, Jilin Province, was illegally sentenced to 10 years in prison in October 2002. He was tormented so harshly while detained in the Second Prison of Jilin Province that he became critically ill and looked like a skeleton. After Mr. He was sent home from the prison hospital, he was mentally disoriented and he would often forget to dress or eat, and he eventually died on June 25, 2005.

Mr. He Yuanhui, 41 years old, was formerly an alcoholic and without a regular occupation prior to becoming a Falun Gong practitioner in 1997. After he began practicing Falun Gong, he underwent a huge mind and body transformation and began holding himself to a higher moral standard. Mr. He went to Beijing to appeal for Falun Gong several times after the Chinese Communist Government started to suppress and persecute Falun Gong. Once, with strong righteous thoughts, he escaped persecution by jumping off a fast moving train. He was persistent in practicing Falun Gong and was diligent in clarifying the truth about Falun Gong and in saving people.

On May 20, 2002, He Yuanhui was arrested by officers from the Xiangyang 610 Office. He was tortured brutally and lost a tooth when Luan Yuqin, the officer from the local National Security Office, kicked him with the heel of his shoe. In October of the same year, Mr. He was illegally sentenced to 10 years in prison and was transferred to the Second Prison in Jilin. The prison guards encouraged other prisoners to use extreme measures to get him to renounce his belief in Truthfulness, Compassion, Forbearance. To this end, they beat He Yuanhui severely, breaking many of his ribs and causing him to be confined to a bed. Just like many others who were illegally imprisoned, Mr. He was not able to obtain proper medical treatment when he contracted tuberculosis. His condition worsened, and he lost a lot of weight before he was transferred from the prison hospital to the Jilin Railroad Hospital for a month. The authorities didn't release him until his condition turned critical. However, while in prison he was still forced to write the "Guarantee Statements."

Mr. He was sent home on December 17, 2004, but his condition kept getting worse. He seemed to have lost his sense of self, and wouldn't eat or dress himself. He coughed all day long, lost weight, and could no longer practice Falun Gong. He died on June 25, 2005.

#### Nanhu Forced Labor Camp in Anhui Province Profits from Detained Practitioners

Staff members in the Danshan Division of the Nanhu Forced Labor Camp in Xuancheng City, Anhui Province torture Falun Gong practitioners physically and force them to work for fifteen hours every day.

Section Three of Danshan Division detained practitioner Zhang Zhixiu. The prison guards tortured him cruelly to try to destroy his belief in Falun Gong by handcuffing him and hanging him up from window railings for seven days and nights. As a result, the handcuffs dug into his wrists, causing him to completely lose consciousness. His legs were so swollen that the skin seemed to shine, and he could not walk. Even when he was hanging like this, Deputy Section Head Pan Sanbao led others to beat him. Gou Tao, the head of the prison guards, beat and cursed him whenever he wanted, as did prisoners directed by the guards. Zhang Zhixiu became extremely weak due to such extended mental and physical torture, he was as thin as a skeleton and his eyes were dull and lifeless.

The detained practitioners were forced to get up at 5:00 a.m. and work until 9:00 pm. They were only allowed to use the toilet once during the fifteen hour shift, apart from meal time. If they could not finish the assigned work, they had to work until midnight or the next morning. However, to the outside world the forced labor camp claimed, "Here we have civilized, humane management, with prisoners only being required to work six hours a day."

Tiantang brand umbrellas are produced here. Those who worked fast could sew 70 to 80 umbrellas a day. The prison guards treated Falun Gong practitioners as moneymaking machines and forced them to work day and night. Even former family visitation days and holidays were turned into working days. Meanwhile, their food was of low quality. A bowl of porridge in the morning had to sustain them for five hours and the pickled vegetables smelled of maggots. Their lunch and supper each had only one vegetarian dish and the vegetables were dirty, rotten, bitter, and tough. Some Falun Gong practitioners developed bottom sores and swollen legs as a result of their long working hours. Those who could not finish the assigned tasks were slapped in the face, beaten with rubber sticks, shocked with electric batons, handcuffed, punished by being forced to kneel down for long periods of time, and put into solitary confinement.

# Brainwashing Sessions Used to Intensify the Persecution of Practitioners in Hunan Province Women's Prison

Since June 2005, Hunan Province Women's Prison has intensified its persecution of Falun Gong practitioners. They have established brainwashing sessions specifically targeting those practitioners who refuse to write the so-called "repentance statements." Those who are carrying out the brainwashing sessions have assigned one practitioner to a room and appointed two criminals to monitor each practitioner 24 hours a day. Two prison guards are also assigned to each practitioner.

These practitioners are forced to do slave labor every day. They have to peel broad beans for more than 10 hours every day, leaving them very little time to rest. When some practitioners resisted the slave labor, the prison guards used all kinds of methods to torture them. The practitioners experience intense mental persecution when they are brainwashed day and night.

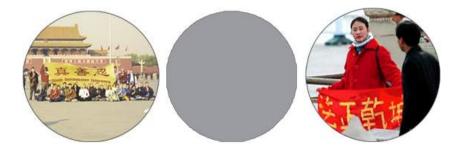
At present, practitioner Ms. Zhou Pinjun from Changsha City, the daughter of Taiwan citizen Ms. Zhou Yuying, is being brutally tortured in the brainwashing sessions. The prison guards use slanderous tactics by saying that Ms. Zhou "is always very stubborn and infatuated." They declared that "in order to save her and educate her, the prison is now trying its best to help her." In order to brainwash and "transform" her, the prison guards also wrote a letter to Ms. Zhou's relatives that are not practitioners to persuade them to cooperate in the brainwashing. They also suggested that her relatives bring Zhou Pinjun's four-year-old child to visit her in prison, hoping to shake her righteous thoughts by using her family. When they spoke to Ms. Zhou's relatives, they also tried to extract personal and family information about her. Zhou Chang and the prison guards monitored her everyday.

The slogan that Hunan Province Women's Prison uses to persecute practitioners is "the government has many ways to punish you." The "brainwashing team" is extremely evil in persecuting practitioners. They implement regulations to torture the practitioners' bodies and minds. For instance, they specified that the practitioners are not allowed to help each other in their day to day life and work; the criminals are to watch the practitioners at all times and restrain their every word and action; everything written by the practitioners, including letters to their families, are to be checked. Whenever practitioners speak to each other, the guards and criminals are to immediately stop them. Even when practitioners are standing and sitting, a criminal will stand between them. When practitioners go to the restroom during the night, the criminals are also to follow them to the restroom.

During this round of persecution, the Hunan Province Women's Prison is using both persuasion and threats to run the brainwashing sessions. At the moment, practitioners in the prisons are enduring extreme pressure, and they really need all the support they

can get from practitioners and righteous people from the outside world. The harm caused by spiritual devastation and humiliation are much more severe than the bodily pains inflicted on them.

### **Falun Gong Practitioners' Noble Actions in China**



# With Concerted Efforts of Righteous Thoughts and Actions, Practitioners Walk out of the Detention Center

A fellow female practitioner in Heilongjiang province who clarified the truth of Falun Gong at the Duanwu festival in June, 2005, was abducted by police and taken to a detention center. She did not comply with the policemen's evil orders, maintained righteous thoughts and actions and as a result she has already walked out of the detention center.

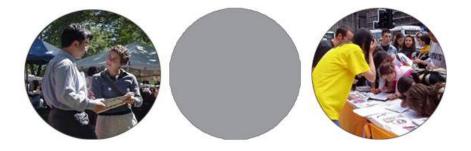
At 6 a.m., when the policemen tried to abduct her, she refused to cooperate with them and finally she was carried into the police station by four young policemen. At 8:30 a.m., she was interrogated by several police officials but she refused to answer any of their questions. When she saw that one of them was wearing a CCP (Chinese Communist Party) badge, she told him, "Recently it has become very popular to declare withdrawal from the CCP. Why do you still wear that badge? Have you seen the *Nine Commentaries on the Communist Party*?" That policeman interrupted her, "Please don't talk about it!" and then left the room.

With no attachment to fear, the fellow practitioner had the mindset that she would clarify the truth to anybody she met and offer them salvation. But nobody came to ask her anything more. In the afternoon, she was taken to the 3<sup>rd</sup> detention center of the city.

In the detention center, a policeman asked her, "How can we reach a family member? You can use my cell phone to call a family member or friend." She replied, "I do not have a telephone at home, and I can not remember any phone numbers of my friends either."

She also talked to the staff at the center and told them directly that she would not comply with their orders as she did not acknowledge the illegal detention. Finally, she was set free unconditionally 15 days later.

### **People Awaken to the Truth**



### Light in a Dark Corner

By a Falun Gong practitioner in China

The great wave of people quitting the Chinese Communist Party (CCP) not only shocks the authorities, it also shocks the public. One scene after another in the detention center has enabled me to see more clearly the light surrounding the darkness here in the detention center.

Every cell detains nearly 30-40 people. Though the reasons for their detentions are different, their mood is the same: pain, worry and confusion about their uncertain future. We take all possible chances to clarify the truth to them. All have heard about Falun Gong, but the evil propaganda has poisoned almost every sentient being's mind. We started telling the people around us what Falun Gong is, why we were detained and persecuted, about how widespread Falun Gong is around the world, the corruption of today's China, why somebody develops a mental state to commit crimes, and what the fundamental reason for being detained is, etc.

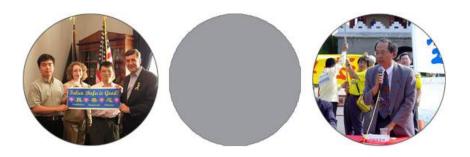
Falun Gong practitioners' compassionate words, action and righteous field quickly changed and rectified everything into a compassionate direction and helped them feel that they had found some friends in this strange and terrible environment to care about them and hear the words from their hearts. They started to complain about the abusive treatment of Falun Gong practitioners and felt indignant about practitioners' bitter experiences. They also felt regret for their own crimes.

We also talked about the CCP's crimes and nature, and people all agreed with us. Then we talked about how the CCP would be eliminate and people would be safer by quitting the CCP. Most people also agreed with us.

Many people in detention were wronged. During the process of dealing with the police, procuratorate and legal system, they have personally experienced and witnessed the dark side of society and corruption of officials. They told their families to quit the CCP and its related organizations. Some people were to be released and said after they were released, they would ask their whole families to quit the CCP and to post their withdrawals on the internet. They witnessed how the detention guards and feudal bullies colluded with each other, how sinister gangs and the deranged political party, politicians and gangsters, work together as one.

After understanding the truth and quitting the CCP, the majority of them started to practice Falun Gong. Some of them started to recite Master Li's poems, some started to learn the meditation and exercises, some recited "Falun Dafa is good" in their minds, and more of them started to rectify their own behavior.

### **Voice of Justice**



# Proclamation of Falun Gong Week, City of Newport News, Virginia [July 10, 2005]

#### **Proclamation**

**Whereas**, Falun Dafa, also called Falun Gong, began in China in 1992, as a self-improvement practice rooted in ancient Chinese culture that promotes the principles of Truthfulness, Compassion, and Tolerance; and

**Whereas**, Falun Gong use gentle exercises and meditation to achieve the goals of a pure heart, a balanced mind, and an energized body; and

**Whereas**, Falun Dafa is designed to help people improve their physical condition, cleanse their mind, uplift their moral standards, and rid bad habits; and

**Whereas**, Falun Dafa has helped to preserve precious human traditions such as honesty courtesy, loyalty, and unselfishness; and

**Whereas**, more than 100 million people from all walks of life and cultural backgrounds have physical and mental wellness and moral ascension through practicing Falun Dafa.

**Now, therefore**, I, Joe S. Frank, Mayor of the City of Newport News, do hereby proclaim the week of Sunday, July 10 through Sunday, July 17, 2005, as

#### **Falun Gong Week**

in the City of Newport News and encourage all citizens to experience the powers and meditative qualities of Falun Dafa for their own self-enrichment.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be duty affixed the seal of the City of Newport News Virginia, this 10th day of July 2005.

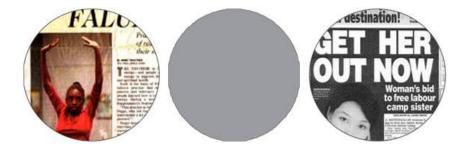
Joe S. Frank, (signature)

Mayor

City of Newport News, Virginia



### **Media Reports and Opinions**



### Reuters: Chen Yonglin Claims Chinese Diplomats to U.S. Persecute Falun Gong Practitioners

According to a report by Reuters, a former Chinese diplomat who is seeking political asylum in Australia said on Thursday that Chinese diplomats to the U.S. and informants persecute Falun Gong practitioners.

Chen Yonglin told a US congressional committee which is investigating CCP's human rights records that his job in the Sydney Consulate in the past 4 years was to monitor and persecute Falun Gong practitioners. In May, Chen provided documents to testify that 6 diplomats in the consulate were actually working for a government institute whose only job is to "Monitor and Persecute Falun Gong."

Chen Yonglin told the House of Representatives' subcommittee on Africa, Global Human Rights and International Operations, "As far as I know, the CCP has similar organs in its embassies in the U.S. and other countries where Falun Gong is active. I know that there are more than 1000 spies and informants [in Australia] and the number in the U.S. should be even higher."

Chen Yonglin said that the CCP believes that the U.S. and Australia are the main bases of Falun Gong, and Chinese diplomats are ordered to distribute anti-Falun Gong booklets and pressure enterprises, schools and media to suppress Falun Gong.

Chen Yonglin, 37, said that in 2003, according to a high-ranking official within a part of the Ministry of Foreign Affairs formed to persecute Falun Gong, half of the Falun Gong practitioners are being detained in forced labor camps while the other half is being monitored closely by the authorities.

According to Falun Gong practitioners, about 1000 to 2000 practitioners have died as the result of police brutality and 100,000 are being detained in forced labor camps.

# Radio Free Asia: Washington DC Practitioners Rally to Protest CCP's Persecution

According to a report of RFA on July 22, the persecution against Falun Gong has continued for the last 6 years since it started on July 20, 1999. Starting from July 21, 2005, Washington DC started its annual event series to protest the persecution.

At noontime on Thursday [July 21], several hundred practitioners rallied at the west lawn of Capitol Hill. Wearing "Truthfulness-Compassion-Forbearance" exercise shirts, the practitioners displayed many banners such as "Stop the Persecution Against Falun Gong" and "Stop the Jiang Regime's State-run terrorism". They also explained to tourists passing by about the persecution happening in China by showing posters and distributing fliers. The rally was co-sponsored by Freedom House, Friends of Falun Gong and the Falun Dafa Association, and the theme was "Stop the CCP's Terror and End the Persecution." A number of congressional representatives and human rights activists attended this rally to voice their support.

New Jersey Republican Congressman Chris Smith stated that July 20 this year marks the sixth year of the CCP's persecution of Falun Gong. Smith expressed his knowledge that Falun Gong practitioners outnumbered the CCP members. Similar to all dictators, the CCP fears to lose control over its people and thus decided to suppress and intimidate Falun Gong practitioners.

Congressman Smith said that tens of thousands of Falun Gong practitioners in China were being tortured, brainwashed, imprisoned and sent to forced labor camps without trial. Moreover, the CCP has also tried to intimidate and harass overseas Falun Gong practitioners.

New Jersey Democratic Congressman Rush Holt said that he believed that the United States should use its international influence and leadership to strongly condemn the CCP's persecution against Falun Gong practitioners. Religious freedom and freedom of belief are fundamental human rights, and this isn't any special request. He hoped that all Americans could see this rally and wished it success.

Representatives from Freedom House, International Coalition for Religious Freedom, Interfaith Conference of Metropolitan Washington, Hudson Institute and Religious Freedom Coalition as well as many others attended the rally.

### ABC Online, Australia: Chinese defector appears at US hearing

Reporter: Michael Rowland

ELEANOR HALL: To the United States now, where Chen Yonglin, the Chinese diplomat who defected to Australia two months ago, has given evidence to the US Congress about the methods used by Chinese authorities internationally, to crack down on the Falun Gong movement which is banned inside China.

Mr Chen was invited to appear before a House of Representatives' Human Rights Committee to elaborate on his claim that China harasses and spies on members of the spiritual movement.

And one Republican congressman at the hearing described his testimony as explosive.

In Washington, Michael Rowland reports.

MICHAEL ROWLAND: He may have received an indifferent reception from Australian officials, but Chen Yonglin was the star turn at today's meeting of the House of Representatives' Global Human Rights Subcommittee on Capitol Hill.

Mr Chen told the Committee about China's ceaseless efforts to persecute Falun Gong members, both at home and overseas.

CHEN YONGLIN: The persecution on the Falun Gong is a systematic campaign. All the Departments of the Chinese Central Government are involved.

MICHAEL ROWLAND: Australia, he said, was one of the key battlegrounds in what he labeled the war on [the spiritual group]. He told the committee Falun Gong members were spied upon and in some cases had their passports confiscated.

CHEN YONGLIN: Besides the diplomatic system, there is an intelligence collection system working against the Falun Gong as well. I'm aware there are over 1,000 Chinese Secret Agents and informants in Australia, and the number in the United States should not be less.

MICHAEL ROWLAND: Mr Chen said the surveillance activities were complemented by diplomats putting pressure on a number of institutions not to recognize Falun Gong.

CHEN YONGLIN: Both means of economic benefit and strong political pressure are used to lobby the foreign officials. Other targets of CCG propaganda include non-Government organizations, libraries, schools, visitors to the Consulate and the media.

MICHAEL ROWLAND: The congressmen conducting the hearing lapped it all up.

There's mounting apprehension, and in some cases, outright anger in Washington about China's strategic and economic intentions, as well as deep concern about alleged human rights abuses.

Chris Smith, a Republican from New Jersey, was keen to hear Mr. Chen's insights.

CHRIS SMITH: Why the obsession with, with persecuting the Falun Gong in particular, and why the obsession with crushing religious belief in China unless it's part of the circumscribed... part of the officially-recognized patriotic church or some of the other free self-movement where the Government has such extensive control.

Why are they so fearful in Beijing over people peacefully practicing, again, such things as Falun Gong?

CHEN YONGLIN: Communism is the real evil cult, and the CCP is a State terrorist group. The CCP should be stopped from continuing to persecute the Falun Gong practitioners.

MICHAEL ROWLAND: Congressman Smith, unlike most of his political counterparts in Australia, was effusive in his praise for Mr. Chen.

CHRIS SMITH: And I know members of the Committee before going to Mr. Chow realize that your testimony is absolutely explosive.

I mean, for a man who worked for the Government of the People's Republic of China to come before a House Committee... House Committees, to deal with human rights and oversight, and to tell us in such clear an non-ambiguous words that there is a war on the Falun Gong going on in China, that is not just within the confines of the People's Republic of China, but is worldwide and to give us the insights that you have given us, I hope that every member of the press, whether it be AP, AFP, Reuters, all of the Chinese language press that are here, will take full note of your testimony because this is absolutely explosive.

This is a war, with real casualties and real deaths, especially inside of China, where torture is the preferred means of killing Falun Gong practitioners, so I... we thank you for your courage in stepping forward as you have, to provide this extremely explosive and useful and very damning indictment of the Government of China. Thank you so much.

ELEANOR HALL: And that's Republican Congressman Chris Smith from the House of Representatives Human Rights Committee, ending that report from Michael Rowland in Washington.

## Sunday Star Times (New Zealand): Foreign Affairs Minister Cites Investigation of Chinese Communist Regime Spy

A Chinese spy known as "Agent 180" has infiltrated a church group in Auckland and is sending information back to China, claims a former Chinese secret policeman seeking asylum in Australia.

The defector, Hao Feng Jun, told the Sunday Star-Times the name of the agent and said the man had infiltrated a branch of the Auckland Presbyterian Church.

Three members of the Falun Gong movement have given the agent's name to the Immigration Service, which has notified the police.

Foreign Affairs Minister Phil Goff said, "This information will most certainly be followed up by the departments and our security people."

Goff said anyone could feed information back to their home country, "but anyone in breach of the law or involved in espionage would be dealt with the same way the Israeli spies were."

Hao told the Star-Times the agent was part of a network of spies gathering information on religious groups and others such as Falun Gong practitioners, who [the Chinese Communist Regime persecutes brutally].

Hao was part of the notorious "610" unit that prosecuted Falun Gong in the northern city of Tianjin but fled to Australia in February with sensitive information.

He went public after Chen Yonglin, a diplomat at China's Sydney consulate, defected in May alleging 1000 Chinese spies were operating in Australia.

It was announced yesterday that Chen was granted residency in Australia. Hao, who is in hiding, said through interpreters that Agent 180 was also from Tianjin, and was arrested in about 2001 while attending a local meeting of the Presbyterian Church.

Chinese police asked him to become a spy and operate in New Zealand. Hao said the agent agreed and had his ticket to New Zealand and his accommodation paid for, and was given at least \$US15,000 to finance his activities.

Because of his Presbyterian connections he was asked to spy on Chinese members of the Presbyterian Church in New Zealand, and report to officials in China.

[...]

Hao revealed that Agent 180 had also become the "representative" in China of a New Zealand-based Chinese Presbyterian minister, who had no idea his colleague was a spy.

The minister had invested in a business in Shanghai, and asked the spy to travel to Shanghai to gain more members for the church and spread Christianity.

The agent had traveled to Tianjin last October and held a fellowship meeting, which was secretly recorded by authorities.

Hao said he was not directly involved with Agent 180 himself, but had seen him.

A blacklist had been formed with the names of New Zealand Chinese. They faced immediate arrest on their return to China.

Hao said the Chinese Government had a three-year plan to create a "secret force" of spies in five main countries - the US, Canada, Australia, NZ and Japan - and had been "very successful."

A Falun Gong practitioner in Auckland, who only wanted to be identified as Don, said Hao's revelations might convince New Zealanders that Falun Gong was not being paranoid when it claimed it was being watched.

"A lot of people don't believe us. It's very hard to believe that in New Zealand there could be spies operating."

## Canberra Times (Australia): Chinese defector might testify against Downer

Former Chinese diplomat Chen Yonglin may give evidence in legal proceedings in the ACT Supreme Court being brought by two Falun Gong practitioners against Foreign Affairs Minister Alexander Downer and the Australian Federal Police.

A lawyer representing the two women, Bernard Collaery, said Mr. Chen -who has defected to Australia -had provided an affidavit.

"I'm not free to say any more," Mr. Collaery told reporters outside the ACT Supreme Court yesterday.

Earlier this month, Mr. Chen was granted a visa to live in Australia, six weeks after saying a network of 1000 Chinese spies was operating in Australia and that he feared for his life if forced to go back to China.

The two Falun Gong practitioners, Dai Zhi Zhen and Zhang Cui Ying, are trying to stop Mr. Downer invoking diplomatic privileges and immunity laws which prevent them from displaying banners and playing amplified music outside the Chinese embassy.

The matter was quickly adjourned in the Supreme Court until August 1. Falun Gong, also known as Falun Dafa, describes itself as a spiritual practice composed of exercises and a belief in the principles of truthfulness, compassion and forbearance.

It is banned in China.

A crowd of about 150 Falun Gong supporters from Canberra, Sydney and Melbourne gathered outside the Supreme Court yesterday.

The supporters later moved on to Garema Place for a rally which featured an antitorture display.

Among the signs being displayed outside the Supreme Court was one that said, "Mr. Downer: Please don't help the Chinese Communist Party persecute Falun Gong in Australia." While making it clear it was inappropriate to talk about the proceedings before the courts, Mr. Collaery told the crowd that Australia was the only democratic state to his knowledge that prevented the spiritual group's banners from being displayed.

"I was in Kuala Lumpur, I'm there reasonably often. I've been in Singapore recently. I've been in other parts of the world.

"I've not seen any democratic state ban your banners. The only place they're banned in the [free] world, that I know of ... is in this country, Australia.

"So they are issues that are of great concern and should be, to all Australians," Mr. Collaery said when addressing people outside the court.

He said that on the day the Falun Gong banners were seized, others from Amnesty International and the ACT Trades and Labor Council were not taken.

"The only banners seized were the Chinese banners, the Falun Gong banners. This strikes at the heart of our democratic structure in this country. [It is the] selective use of the law. Selection, discrimination -it is wrong." He said China was ruled ruthlessly by villains and murderers at the top of the country's communist party central committee.

He claimed the Chinese police force was active in Australia, policing the Chinese community. He told the crowd the case could have implications, beyond Falun Gong, for laws concerning freedom of peaceful protest and expression in Australia.

## Harstad Tidende (Norway): Support Persecuted Falun Gong Practitioners

By Gurid Ivarhus Næss

Editor's note: Two Falun Gong practitioners in Norway toured around Northern Norway to visit journalists and raise awareness about the ongoing persecution of Falun Gong in China. The following is the English translation of an article published by Harstad Tidende, a newspaper in Norway, on June 30.

Simon and Terese practice Falun Gong together with 100 million others. Chinese practitioners are persecuted by the authorities.

#### Peaceful method

Simon Miller and Terese Eriksen practice Falun Gong several times a week, alone or together with others. It is best to do the exercises outdoors, they feel.

Terese Eriksen from Harstad has practiced Falun Gong for four years, and has now received a visit from Simon Miller, an English practitioner, who is traveling around Northern Norway to raise awareness of the persecution of Falun Gong practitioners in China.

#### SOS

"You can call it a SOS tour to make people aware of what is happening in China. Falun Gong has nothing to do with politics, it is not a religion, and it is based on the principles of Truthfulness, Compassion and Tolerance," Simon says.

"I have gained better physical health after four years of practice in this method. Still, the mental gain is the greatest. Falun Gong is like a travel within ones inner self, and I have come to know myself better," says Terese.

#### Care about this!

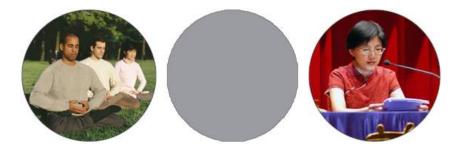
The two practitioners hope that people from Harstad may also pay attention to those [practitioners] who are persecuted.

Today, Falun Gong practitioners in China are one of the largest persecuted groups in the world. People can support them by, for example, writing a letter to the Prime Minister Kjell Magne Bondevik. One can make him aware of the problem and send him an invitation to put pressure on the Chinese authorities. Simon Miller said that one can also send an email, letter or fax to the Chinese embassy.

### **Facts about Falun Gong:**

- It has five powerful and peaceful exercises that cultivate the body and soul. It is practiced in 78 countries.
- The method was first publicized in China in 1992, and approved by authorities. The founder has been nominated three times for the Nobel Peace Price.
- Chinese authorities banned Falun Gong in 1999, because practitioners far outnumbered the members of the Communist Party.
- Since then, several thousand Falun Gong practitioners from China have been persecuted, illegally jailed, tortured or sent to forced labor camps. Several thousand have been killed.

## **Falun Gong Practitioners' Personal Experiences**



# A Former Leukemia Patient: "Respected Teacher Has Given Me a Second Chance in Life"

By Wang Cheng, Hebei Province, China

In July 2003, I had stomach pain and discomfort so I went for a checkup to the hospital. The result was that my white blood cell count was eight times higher than normal people. When I went to another hospital for a check up, I was diagnosed as having leukemia. Suddenly, my whole family was hit by lightning and the shadow of death crept into my heart.

My family took me everywhere in search of cures through Eastern and Western medicine. I took numerous medicines, traveled extensively and spent a lot of money. However, I did not receive any results. Due to a large medicine intake, there were a lot of side effects, which later resulted in hardening of my bone marrow (decreased blood production).

When I was first diagnosed with this disease, my younger sister who practices Falun Gong came to visit me and wanted to introduce me to the practice of Falun Gong. However, due to the deeply instilled communist party culture and due to their anti-Falun Gong propaganda, I did not believe that practicing would help me at all because I had a disease that cannot be cured anywhere in the world. Furthermore, the Chinese Government did not allow us to practice. My sister tried to persuade me numerous times, and finally I reluctantly said I would try. I practiced the exercises while at the same time I continued to take medicine. At that time, practicing the Falun Gong exercises was simply like doing regular physical exercises, and nothing I read in the book (Zhuan Falun) was sinking in.

For the past two years, I have had to drink two bowls of bitter medicine, take tablets, capsules and various health products. After taking the medicine, I would have stomach pains, diarrhea and I would excrete blood. When I really could not stand it, I would stop the medicine. As soon as I stopped, these symptoms would disappear and then I would continue taking the medicine. This year in February, my illness became worse and I had to undergo chemotherapy for the second time. Afterwards, I had no energy at all and I did not want to eat or drink. I became skinnier and skinnier and developed skin allergies. Over the course of just nine days, I spent more than 5,000 yuan on treatments. Within two years, I spent more than the equivalent of hundreds of thousands of dollars, causing immense financial difficulties for my family.

In order to survive, I continued to force myself to drink the bitter medicines. One day, as I was holding the medicine bowl, I thought: I have to suffer like this, as well as spend so much money; when will there be an end. In the end, wouldn't I be the same as other patients who die and spend all their money in the process? I am going to die anyway so there is no point in drinking medicine anymore.

At this time, I remembered *Zhuan Falun*. So I picked up the book and studied it properly and slowly took my time to understand each sentence in the book. When I read what Teacher said in the second lecture, "Nothing but cultivation can make you feel great, be free of sickness, and bring you true liberation!" I suddenly understood. If I want to be healthy, cultivation is my only choice.

Later my younger sister brought me the book, *Second Life*. I was extremely moved by the true stories of people having a second chance in life after practicing Falun Gong. A few days after studying the book, my stomach pains and diarrhea appeared again. Every half-hour, I would excrete black feces containing blood. My children quickly gave me medicine and I had injections but nothing helped. Because I made an excessive number of visits to the toilet during the day, my family thought I might have a life-threatening situation so they took me to the hospital. In the end, the hospital checkup concluded that everything was normal.

After having diarrhea for six days (four days quite severely, the next two days less severely), I not only was not dehydrated, I also had no pain, and I felt more relaxed. This is when I realized that Teacher was helping me to purify my body. After enlightening to this, I got rid of the rest of my medicines and other health products. Now, I have truly experienced what it is like to have no illnesses and to feel light all over the body. This kind of feeling cannot be expressed with words.

Here, I would also like to use my personal experiences to tell those people who are deceived by former CCP head Jiang and the communist regime, that Falun Dafa is good and Falun Dafa is righteous. It can help people gain better health and improve the moral standard of society. I want to tell those patients fighting on the verge of death, that only by truly believing in Falun Dafa and following "Truthfulness, Compassion, Forbearance" can they have another chance in life. I also want to tell the police who are following Jiang's regime, that Falun Gong practitioners are all good people. For the sake of your future and your family's future, treat practitioners with kindness.

## Falun Dafa Saved Me, and Also Saved My Family

By a practitioner in Jilin City, China

I am a 64-year-old retiree. My wife and I are new Falun Gong practitioners. It was Falun Dafa that rescued me from an addiction to alcohol and gave me a new life. I became a practitioner and a new person.

In order to stop me from drinking over the last 45 years when I was addicted to alcohol, my family members begged me; my friends tried their best to persuade me; my superior at work harshly criticized me; I repeatedly made resolutions to stop drinking when I was sober. None of this helped, and I continued to drink. People who knew me used to say, "If he can stop drinking, then I can stop eating." I was so dependent on alcohol that nothing helped me. Alcohol was a demon that I couldn't get rid of. It haunted me for most of my life, and I failed to overcome it.

I drank the first time in 1960. That was the first time I attended the wedding of one of my coworker's after I began to work. After eating, I went to another table to ask other people to drink just for fun. I began drinking. I drank more than a fifth of liquor (a 750 ml bottle) and was so drunk that I was unconscious for twenty-four hours. In order to cool myself down, I went to the river and put my feet into the water, and I fell asleep by the river-bank. I might be dead if one of my friends had not found me in time. I didn't learn my lesson from my first drinking experience. Instead, I began to get addicted to alcohol. Gradually, I had to have a drink with every meal. Sometimes I had to entertain customers 5 ~ 6 times every day, and I was drunk every time. I drank alcohol illegally when I was in the armed forces and was serving in combat on Zhenbao Island. My superior wanted to officially discipline me, and I was spared only when the regiment commander intervened. When I was working in the public security bureau, it was prohibited to drink alcohol in the bureau cafeteria, but I was allowed to drink with the special permission of the bureau chief. Since I was the party secretary of the bureau, the entire unit couldn't carry out the rule that prohibits drinking during working hours due to my drinking problem. I had to take early retirement and left my job due to my drinking problem.

Being depressed after retirement, I drank even more. I drank from the moment I got up to the time I went to bed. I was drunk all the time and wished to spend the rest of my life with alcohol. The nasty behavior when I was drunk was so embarrassing that I don't want to talk about it. My wife was so upset with me that she thought about suicide. My

alcohol addiction caused huge problems for my family, the people around me and for myself.

For many years, my wife was worried, depressed, sad, and was in bad health because of my drinking problem. In the May of 2004, she suddenly had a brain hemorrhage and was hospitalized for more than 20 days. In December she had two other serious illnesses and was hospitalized again. We spent more than 20,000 yuan for her two hospital visits and she was not cured.

A Falun Gong practitioner visited us on March 27 this year and introduced Falun Dafa to us. My wife held the precious book Zhuan Falun and wouldn't let go. After beginning to practice Falun Gong, her diseases were mysteriously gone. She threw away the blood pressure gauge and all the other medications. She was reborn.

In the beginning, I didn't have the courage to practice the exercises because I worried about my serious addiction to alcohol. After reading *Zhuan Falun* with all my heart, and watching the videos of Master's lectures, I began to understand the Fa and assimilate to the Fa. I felt especially affected by Master's teaching on how to stop drinking. Because I really wanted to stop drinking, Master therefore helped me and helped me remove my attachment to alcohol. I stopped drinking during the Qingming Festival this year.

With Master's compassionate help, I didn't have too much difficulty getting rid of the addiction to alcohol. I didn't feel any pain, and I just didn't want to drink anymore from the bottom of my heart. Falun Dafa's power is simply incredible. Master tested me a few times after I stopped drinking and I passed the tests. One time I met one of my coworkers whom I hadn't seen for many years. He invited me to drink. I told him I had stopped drinking, which he didn't believe. He tried to drag me into a restaurant and almost tore off my clothes. He was really upset later and took off. I used to drink a lot with one of my old friends. He called me twice to invite me to tour two different scenic areas and to have a drink after I had stopped drinking. I thanked him but said no. There were quite a few holidays in May. In addition, Father's day, my birthday, and my grandson's birthday are all in May. We had many family gatherings, but I didn't have a single drink.

My family members told me that I was a brand new person after I stopped drinking. Falun Dafa rejuvenates me. I get up at midnight to perform the exercises, and then study the Fa in the morning. During the day, I either listen to or watch Master's lectures, or go out to clarify the truth and let people know that Falun Gong is persecuted, and the self immolation in Tiananmen Square and killing were all fabricated and designed and

used to defame Falun Gong. I tell people that Falun Gong is welcomed all over the world and has spread to 78 countries. I am energetic and optimistic everyday. I was overweight in the past, and lost more than 10 pounds after practicing Falun Gong. My wife got rid of her diseases to by practicing Falun Gong.

It was Falun Dafa that rescued me from the demon of alcohol addiction. Falun Dafa saved my family and me. From now on, I will devote my life to letting more people know that Falun Dafa is wonderful, and "Truthfulness, Compassion and Forbearance" are great.